

JANUARY 2010 SNACK CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
**available at Trader Joe's				1 New Year's Day
4 AMS ORANGES & SUNFLOWER SEEDS oranges sunflower seeds 100% whole milk	5 AMS CHEESE CRACKERS cheese crackers 100% whole milk	6 Morgan M MINI BEAN BURRITOS 45 sm tortillas 3 cans refried beans 1 tub sour cream 1 gallon 100% orange juice	7 AMS ORANGES oranges 100% whole milk	8 Kira T SPINACH SALAD 2 bags baby spinach leaves 1 bottle raspberry vinaigrette 1 gallon 100% whole milk
11 Mia E PEARS & CHEESE 12 pears 2 blocks muenster cheese 1 gallon 100% grape juice	12 Mia E BANANAS & CHEERIOS 3 bunches bananas 1 box cheerios 1 gallon 100% whole milk	13 Mia E YOGURT WITH GRANOLA 2 containers strawberry yogurt 1 bag/box granola 1 gallon 100% apple juice	14 Jules SEASONED CUCUMBERS 10 cucumbers 1 bottle seasoned rice vinegar 1 gallon 100% whole milk	15 LJ PEANUTS 3 bags peanuts in their shells 1 gallon 100% whole milk
18 NO SCHOOL Martin Luther King Jr. Day	19 Gavin APPLES & NUTELLA 2 bags apples 2 jars nutella spread 1 gallon 100% whole milk	20 Blake PEANUT BUTTER HONEY SANDWICHES 2 loaves whole grain bread 1 jar sunflower seed butter** 1 jar honey 1 gallon 100% whole milk	21 Daniel CLEMENTINES 45 clementines 1 gallon 100% whole milk	22 Ilaina TURKEY LETTUCE ROLLS 5 heads romaine lettuce 4 packages turkey 1 gallon 100% orange juice
25 Carli PITA & HUMMUS 2 containers hummus 2 bags pita chips 1 gallon 100% grape juice	26 Peyton FRUIT SALAD 1 bag apples 2 bunches bananas 8 kiwi	27 Bailey CORN QUESADILLAS 3 bags corn tortillas 2 blocks cheddar cheese 1 gallon 100% juice cran-apple	28 Kaitlyn HARD BOILED EGGS 4 doz hard boiled eggs 1 gallon 100% whole milk	29 Riley BAGELS W/APPLE BUTTER 2 bags mini bagels 2 jars apple butter 1 gallon 100% whole milk

