

February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Antigone EGGROLLS 2 boxes eggrolls 1 jar sweet & sour sauce 1 jar soy sauce 1 gallon 100% apple juice</p>	<p>2 Jacob W SESAME STICKS 1 bag bulk sesame sticks 1 gallon 100% orange juice</p>	<p>3 Jacob W ASIAN STYLE SALAD 2 heads napa cabbage 1 jar asian-style salad dressing sunflower seeds* 1 gallon 100% whole milk</p>	<p>4 AMS RAISINS & PRETZELS 2 containers of raisins 2 bags of pretzel sticks 100% Apple Juice</p>	<p>5 AMS FORTUNE COOKIES & TEA fortune cookies cherry blossom tea 100% whole milk</p>
<p>8 Casey PRETZELS W/HONEY MUSTARD 2 bags pretzels 1 jar honey mustard 1 gallon 100% apple juice</p>	<p>9 AMS SPINACH SALAD spinach leaves raspberry vinaigrette sliced almonds 100% cranapple juice</p>	<p>Samah YOGURT DISH FROM BANGLADESH Yogurt Condensed Milk 100% White Grape Juice</p>	<p>11 Amber CELERY W/ PEANUT BUTTER 4 stalks celery 2 jars peanut butter 1 gallon whole milk</p>	<p>12 Casey APPLES & CHEDDAR organic red apples cheddar cheese 100% crangrape juice</p>
<p>15 President's Day NO SCHOOL</p>	<p>16 Delaney RICE CAKES W/CREAM CHEESE 4 bags plain salted rice cakes 2 lg containers whipped cream cheese 1 gallon 100% orange juice</p>	<p>17 Aidan BANANAS & CHERRIOS 5 bunches bananas 2 large box cheerios 1 gallon whole milk</p>	<p>18 Hunter YOGURT WITH GRANOLA 3 lg containers yogurt 1 bag/box granola 1 gallon 100% cranraspberry juice</p>	<p>19 Zackery CUCUMBERS W/ RANCH DIP 8 cucumbers 1 bottle ranch dressing** 1 gallon 100% apple juice</p>
<p>22 Devin MINI BEAN BURRITOS 3 bags mini tortillas 3 cans vegetarian refried beans 1 tub sour cream 2 boxes vanilla rice milk</p>	<p>23 Josiah PEARS & STRING CHEESE 10 pears 25 string cheese*** water*</p>	<p>24 Jacob L PASTA SALAD 2 large bags dried pasta 1 container parmesan cheese 1 bottle Italian dressing 1 gallon 100% grape juice</p>	<p>25 Noah TUNA & CRACKERS 8 cans tuna *** 2 boxes whole grain crackers** 1 gallon 100% milk</p>	<p>26 Tyler CARROTS W/ VEGGIE DIP 10 lbs carrots*** 2 containers veggie dip** 1 gallon 100% milk</p>
		<p>*provided by Arrowhead Montessori</p>	<p>**please make sure there is no high fructose corn syrup or msg listed in the ingredients</p>	<p>***this item is much less expensive at costco (and often available as organic)</p>